Langevin stabilization of molecular dynamics

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In this paper we show the possibility of using very mild stochastic damping to stabilize long time step integrators for Newtonian molecular dynamics. More specifically, stable and accurate integrations are obtained for damping coefficients that are only a few percent of the natural decay rate of processes of interest, such as the velocity autocorrelation function. Two new multiple time stepping integrators, Langevin Molly (LM) and Brünger–Brooks–Karplus–Molly (BBK–M), are introduced in this paper. Both use the mollified impulse method for the Newtonian term. LM uses a discretization of the Langevin equation that is exact for the constant force, and BBK–M uses the popular Brünger–Brooks–Karplus integrator (BBK). These integrators, along with an extrapolative method called LN, are evaluated across a wide range of damping coefficient values. When large damping coefficients are used, as one would for the implicit modeling of solvent molecules, the method LN is superior, with LM closely following. However, with mild damping of 0.2 ps$^{-1}$, LM produces the best results, allowing long time steps of 14 fs in simulations containing explicitly modeled flexible water. With BBK–M and the same damping coefficient, time steps of 12 fs are possible for the same system. Similar results are obtained for a solvated protein–DNA simulation of estrogen receptor ER with estrogen response element ERE. A parallel version of BBK–M runs nearly three times faster than the Verlet-$1/r$-RESPA (reversible reference system propagator algorithm) when using the largest stable time step on each one, and it also parallelizes well. The computation of diffusion coefficients for flexible water and ER/ERE shows that when mild damping of up to 0.2 ps$^{-1}$ is used the dynamics are not significantly distorted. © 2001 American Institute of Physics. [DOI: 10.1063/1.1332996]

I. INTRODUCTION

The length of a (Newtonian) molecular dynamics (MD) simulation is limited by the length of the time steps that can be used. A moderate increase is possible using the Verlet-$1/r$-RESPA (reversible reference system propagator algorithm)$^2$ multiple time stepping (MTS) method, and a further 50% increase can be attained with the mollified impulse method (MOLLY)$^3$. However, the fairly long time steps that would be justified by accuracy considerations alone are not possible due to numerical instability.$^4,5$ On the other hand, for Langevin dynamics, the application of an appropriate MTS method, namely the extrapolative method LN,$^5$ permits time steps to be chosen on the basis only of accuracy considerations and reproduces many properties of Newtonian dynamics. In this paper we show for Newtonian molecular dynamics the possibility of using very mild stochastic damping to stabilize a MTS integrator for long time steps. More specifically, stable and accurate integrations are obtained for damping coefficients that are only a few percent of the natural decay rate of processes of interest, such as the velocity autocorrelation function.

Two new MTS integrators, Langevin Molly (LM) and Brünger–Brooks–Karplus–Molly (BBK–M), are introduced in this paper. Both use the mollified impulse method for the Newtonian term. LM uses a discretization of the Langevin equation that is exact for the constant force, and BBK–M uses the popular Brünger–Brooks–Karplus integrator (BBK). These integrators, along with LN, are evaluated across a wide range of damping coefficient, or collision frequency, values. Using LM and mild damping of 0.2 ps$^{-1}$, long time steps of 14 fs are possible in simulations containing explicitly modeled flexible water. With BBK–M and the same damping coefficient, time steps of 12 fs are possible for the same system. Similar results are obtained for a solvated protein–DNA simulation of estrogen receptor ER with estrogen response element ERE. The computation of diffusion coefficients for flexible water and ER/ERE shows that when collision frequencies of up to 0.2 ps$^{-1}$ are used the dynamics are not significantly distorted. When larger damping coefficients are used, as one would for the implicit modeling of solvent molecules, the method LN is superior, with LM closely following.

The paper is organized as follows: In Sec. II the mollified impulse method is motivated, as well as the use of Langevin dynamics for stabilization of the integrator in constant temperature dynamics. In Sec. III we describe single time stepping integrators for the Langevin term. In Sec. IV
we introduce the MTS integrators for Langevin dynamics and Langevin stabilization, including BBK–M, LM, and LN. In Sec. V we present an evaluation of the new integrators along with LN. Finally, in Sec. VI we state the conclusions.

II. MOTIVATION

Molecular dynamics for a classical unconstrained simulation requires the solution of Newton’s equations of motion:

\[ \frac{d^2}{dt^2} X(t) = - \nabla U[X(t)], \]

where \( M \) is a diagonal matrix of atomic masses, \( X(t) \) is the collective atomic position vector, \( U \) is the potential energy, typically given by

\[ U = U^{\text{bonded}} + U^{\text{nonbonded}}, \]

\[ U^{\text{bonded}} = U^{\text{bond}} + U^{\text{angle}} + U^{\text{dihedral}} + U^{\text{improper}}, \]

\[ U^{\text{nonbonded}} = U^{\text{Lennard-Jones}} + U^{\text{electrostatic}}, \]

and the gradient vector \(- \nabla U[X(t)]\) is the force.

The Verlet-Lr-RESPA MTS impulse method splits the force into different components whose dynamics correspond to different time scales, which are then represented as appropriately weighted impulses, with weights determined by consistency. Henceforth the time dependence will not be included in the position or velocity vector. The impulse method for two different time steps is

\[ \frac{d^2}{dt^2} X = \sum_{n=-\infty}^{\infty} \Delta t \tilde{\delta}(t-n \Delta t) \nabla U^{\text{fast}}(X) \]

\[ - \sum_{n=-\infty}^{\infty} \Delta t \tilde{\delta}(t-n \Delta t) \nabla U^{\text{slow}}(X), \]

where \( \delta \) is the Dirac delta function, and the partitioning of \( U \) into \( U^{\text{fast}} \) and \( U^{\text{slow}} \) is chosen so that an appropriate time step \( \Delta t \) for the slow part of the force is larger than a time step \( \Delta t \) for the fast part.

Verlet-Lr-RESPA was proposed but not implemented by the authors of Refs. 1 and 7 and independently discovered by the authors of Ref. 2, who also demonstrated its usefulness. It permits an increase to 4 fs in the length of the longest time step \( \Delta t \). When the method was introduced, it was predicted that there would occur resonances that might induce instability if the frequency of the slow force impulse coincides with a normal mode frequency of the system.1,8 Resonance produces an oscillation in the positions whose amplitude increases with time. More surprisingly, there is also a problem for long time steps just smaller than half the period of the fastest normal mode.4,9 There is also empirical evidence that time steps of 5 fs or greater are not possible with this method.10

A. MOLLY: The mollified impulse method

MOLLY is a family of integrators4 that counteracts the instabilities present in the MTS Verlet-Lr-RESPA integrator. This is accomplished by perturbing the potential using time-averaged positions. The time average is obtained by doing dynamics over vibrations using forces that produce those vibrations. Thus,

\[ U^{\text{slow}}(X) \rightarrow U^{\text{slow}}[A(X)], \]

with the force defined as a gradient of this averaged potential,

\[ -\nabla U^{\text{slow}}(X) \rightarrow -A(X)^T \nabla U^{\text{slow}}[A(X)], \]

where \( A(X) \) is a Jacobian matrix.

This perturbation is supposed to compensate for finite \( \Delta t \) artifacts. Intuitively, averaged positions are better than instantaneous values for a rapidly changing trajectory \( X(t) \). Perturbing the potential rather than the force ensures that the numerical integrator remains symplectic.11 The force used by MOLLY is the gradient of the perturbed potential. The prefactor \( A(X)^T \) can be seen as a filter that eliminates components of the slow force impulse in the directions of the fast forces, and thus improves the stability of Verlet-Lr-RESPA. Different averaging functions give rise to MOLLY integrators with different stability and accuracy properties. Here we present a time averaging that completely eliminates the components of \(- \nabla U^{\text{slow}}\) in the directions of the fast forces. Our starting point is the backward Euler averaging:

\[ A(X) = X - \tau^2 M^{-1} \nabla U^{\text{fastest}}[A(X)], \]

where \( \tau \) is a parameter with units of time. This averaging is obtained with one step of backward Euler starting with zero velocities. Backward Euler is chosen because of its stable behavior in the limit \( \tau \rightarrow \infty \).

Assume that \( U^{\text{fastest}}(X) \) can be written as \( U^{\text{fastest}}(X) = \chi[g(X)] \), where \( g(X) \) is a vector of independent length constraint functions. The elements of \( g(X) \) are of the form

\[ g^k(X) = X^T G_k X - l_k^2, \]

where the \( G_k \) are symmetric matrices and \( l_k \) are rest lengths. Thus, for example,

\[ U^{\text{bond}}(X) = \frac{1}{2} K_g \sum_k \sqrt{g^k(X) + l_k^2} - l_k^2, \]

where \( K_g \) is a bond-force constant and \( l_k \) is a reference bond length. Similar formulations exist for the bond angle energy employing the law of cosines in a triangle. Allowing \( \tau \rightarrow \infty \) gives the equations for \( A(X) \) and \( \mu \),

\[ M[A(X) - X] + g_X[\nabla A(X)]^T \mu = 0, \quad g_A(X) = 0, \]

which constitute a method, termed Equilibrium*, that completely eliminates components of the slow force acceleration in the directions of the constraints. More specifically, the acceleration due to the slow force, \( M^{-1} A_X(- \nabla U^{\text{slow}}) \) is orthogonal to the columns of \( g_X^T \). To see this, differentiate Eq. (10) to get

\[ A_X = I - M^{-1} \sum_k \mu_k g_X^k, \]

\[ g_X A_X = 0, \]

where the \( g_X^k \) are Hessian matrices, and then

\[ (g_X^T)^T M^{-1} A_X^T(- \nabla U^{\text{slow}}) = g_X A_X M^{-1}(- \nabla U^{\text{slow}}) = 0. \]
Let $U_{xx}$ be the Hessian matrix obtained from the potential energy $U$, and $\rho(A)$ represent the spectral radius of a matrix $A$. Reference 12 shows in the special case of quadratic potentials with $U^{\text{fast}}=U^{\text{fastest}}$ that the stability condition for Equilibrium* on the longest time step $\Delta t$ is

$$\Delta t \rho(M^{-1/2}U^{\text{slow}}M^{-1/2})^{1/2}<2,$$

(14)

rather than the more restrictive condition,

$$\Delta t \rho(M^{-1/2}U_{xx}M^{-1/2})^{1/2}<2,$$

(15)

of the leapfrog integrator. An earlier version of this averaging, called Equilibrium, is in Ref. 13. In this paper a technique to further stabilize MTS by adding a mild Langevin damping term is presented.

Finally, we illustrate the effect of applying Equilibrium* to a simple model problem. Consider a system of three charged particles with unit masses connected by one spring in one dimension (1D), as illustrated in Fig. 1. This system has a potential energy given by

$$U(x) = \frac{1}{2}k(x_1-x_2-l)^2 - \frac{1}{2}(x_3-x_2)^2 + \frac{1}{2}(x_3-x_1)^2,$$

(16)

which can be split into fast and slow components as highlighted above.

The Equilibrium* MOLLY method defines a perturbed potential,

$$\dot{U}(x) = U^{\text{fast}}(x) + U^{\text{slow}}[A(x)],$$

(17)

where $A(x)$ is found from Eq. (10). Let $A=[x_1,x_2,x_3]$, then $g(X)$ is the vector of constraints with $g_1(x)=(x_2-x_1)^2-l^2$. The averaged positions and the MOLLY filter matrix are given by

$$A(x) = \begin{bmatrix} (x_1+x_2-l)/2 \\ (x_1+x_3+l)/2 \\ x_3 \end{bmatrix}, \quad A_0(x) = \begin{bmatrix} 1/2 & 1/2 & 0 \\ 1/2 & 1/2 & 0 \\ 0 & 0 & 1 \end{bmatrix}.$$

The result of applying the MOLLY filter to the slow force,

$$F^{\text{slow}}(x) \rightarrow A_0(x)^T \times \{F_1^{\text{slow}}[A(x)], F_2^{\text{slow}}[A(x)], F_3^{\text{slow}}[A(x)]\}^T,$$

(18)

is to add equal forces to each atom at either end of the spring, thus not causing any stretching of the spring. Only a translation of the spring system is produced. Thus, no instability due to the slow force impulse is introduced.

### B. Regular Langevin dynamics

Regular Langevin dynamics models the effect of molecules not explicitly included in the simulation, such as solvent molecules and molecules outside the boundary of the computational domain. The effect of the missing molecules on the dynamics of the solute macromolecule is incorporated by an electrostatics potential-of-mean-force term added to $U(X)$, by random collisions (the random force vector below), and by a frictional drag on its motion through the solvent (the friction term $-\gamma \dot{X}$ below). This behavior can be produced by a system of stochastic differential equations given by

$$\dot{X} = -\nabla U(X) dt - \gamma MX dt + \sqrt{2\gamma k_B T}M^{1/2} dW(t),$$

(19)

where $X$ is the position, $\dot{X}$ is the velocity, $\gamma$ is the collision frequency, $W(t)$ is a vector of independent standard Wiener processes (Ref. 16, p. 28), $k_B$ is the Boltzmann constant, and $T$ is the Langevin bath temperature. These equations correspond to a constant temperature ensemble.

In the classical solvent modeling application of the Langevin equation (19), the frictional term is assumed to be proportional to the velocity of the system. The constant of proportionality or friction coefficient is given by $\gamma m$ mass. It is useful to define $2/\gamma$ as the velocity relaxation time: this is the time it takes for higher-frequency motion to be damped by a factor of $1/e$. A typical value used for water as a solvent is suggested in Ref. 17 to be $\gamma = 50 \text{ ps}^{-1}$.

### C. Effect of damping on the dynamics

Too large $\gamma$ overdamps the low-frequency vibrational modes. For example, spectral densities appear smoother, and so does the decay of various correlations functions. However, it has been reported that the dynamics are preserved by stochastic methods as long as the collision frequencies are small enough. For example, Ref. 18 reports quantitatively correct diffusion coefficients for argon. More recently, Refs. 15 and 19 use a $\gamma$ of $5–20 \text{ ps}^{-1}$ to stabilize MTS for the protein BPTI. Plots of various spectral properties seem to indicate that several dynamical properties are preserved. However, diffusion coefficients are not computed. Furthermore, it is not clear whether such results extend to solvated systems. On the one hand, for fluids, the addition of even a mild Langevin term may cause undue damping, since the velocity autocorrelation function decays much more slowly, as $t^{-3/2}$, for three-dimensional (3D) liquids, see Ref. 20, p. 310. On the other hand, for simulations of biological systems this long tail effect should not be important.

### D. Langevin stabilization

This work explores Langevin stabilization, the use of mild damping to stabilize otherwise unstable integrators without distorting the dynamics. In the limit of $\gamma=0$, New-
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It is reasonable to expect an integrator for Langevin dynamics be exact for constant force; *Langevin impulse*, one such single time stepping scheme, is proposed in Ref. 19. This method was implemented and analyzed by one of the authors in Ref. 12. Another example of such a method is the one proposed in Ref. 26. Langevin impulse is based on the idea of splitting, and it samples from a bi-variate Gaussian distribution. The Langevin impulse discretization of Eq. (20) consists of half a kick, a “fluctuation,” followed by another half a kick. The method is half a kick:

\[ V^{n+1} = V^{n} - \frac{1}{2} \Delta t M^{-1} \nabla U(X^{n}) \]

fluctuation:

\[ V^{n+1} = \exp(-\gamma \Delta t) V^{n+1} + \sqrt{2 \gamma k_{B} T} M^{-1/2} R_{1}^{n+1} \]

half a kick:

\[ V^{n+1} = V^{n+1} - \frac{1}{2} \Delta t M^{-1} \nabla U(X^{n+1}) \]

where

\[ R_{1}^{n+1} = \int_{r_{n}}^{r_{n+1}} \exp[-\gamma (t^{n+1} - t)] dW(t) \]

\[ R_{2}^{n+1} = \int_{r_{n}}^{r_{n+1}} [1 - \exp(-\gamma (t^{n+1} - t))] dW(t) \]

and \( t^{n+1} = t^{n} + \Delta t \); \( V^{n+1} \) and \( V^{n+1} - \) represent temporary velocities between the \( n^\text{th} \) and \((n+1)^\text{st} \) kick; and \( R_{1}^{n+1} \) and \( R_{2}^{n+1} \) are joint Gaussian random variables of zero mean and some covariance matrix \( C \). The procedure for generating these random variables is summarized in the Appendix. These integrators are combined with MTS integrators for Newtonian dynamics in the next section.

### IV. MTS INTEGRATORS FOR LANGEVIN DYNAMICS

The combination of single time stepping integrators for the Langevin term with MTS integrators for the Newtonian term of Eq. (20) produces MTS integrators for Langevin dynamics. The integrators that were implemented and tested for this paper are described next. The first three use symplectic MTS integrators for the Newtonian term. The last one uses an extrapolative (and non-symplectic) MTS integrator for the Newtonian term. It is shown that with mild damping, symplectic integrators behave better than non-symplectic ones. However, for relatively large damping, there is no apparent advantage of using a symplectic integrator for the Newtonian part.

#### A. BBK–I

BBK-I is the combination of the Verlet/I/r-RESPA method with BBK. The only difference with the impulse method is that in the innermost loop BBK is substituted for the Verlet/leapfrog method.
B. BBK–M

BBK–M is the combination of the Equilibrium® MOLLY method with BBK. Like BBK–I, the only change is the use of BBK is the innermost integration step.

C. LM

LM is a combination of the Equilibrium® MOLLY method with Langevin impulse. Again, the only change is that in the innermost loop Langevin impulse is substituted for the Verlet/leapfrog method.

D. LN: An extrapolative MTS integrator for Langevin dynamics

LN is a method introduced in Refs. 9 and 15. It is a triple time stepping method that combines constant extrapolation (CE) on the outer time step, midpoint extrapolation (ME) on the medium time step, and midpoint BBK on the innermost time step. This particular formulation is that of Ref. 6. The motivation of LN is to avoid the instability due to the impulsive nature of Verlet-I/r-RESPA by using a constant approximation of the force. CE and ME are unconditionally unstable for \( \gamma = 0 \); however, the magnitude of the eigenvalues of the propagation matrix is bounded independently of the long time step \( \Delta t \). For CE and ME to be stable, a moderate amount of damping is needed. The instability of ME at small outer time steps is milder than that of CE, even though it is not bounded. These results motivate the choice of integrators for the different force components in LN: The slow forces with the longest time step are integrated using CE; whereas the medium forces are integrated with ME.

Assume that the medium time step \( \Delta t_m = k_1 \Delta t \) and the longest time step \( \Delta t = k_2 \Delta t_m \), where \( k_1 \) and \( k_2 \) are integers. Then, given positions \( X \) and velocities \( V \), one step of LN consists of slow force evaluation:

\[
F^{\text{slow}} \leftarrow - \nabla U^{\text{slow}} (X),
\]

followed by \( k_2 \) steps of

medium force evaluation:

\[
F^{\text{med}} \leftarrow - \nabla U^{\text{med}} (X + \frac{1}{2} \Delta t_m V),
\]

followed by \( k_1 \) steps of

half a drift:

\[
X \leftarrow X + \frac{1}{2} \Delta t \ V;
\]

kick:

\[
F^{\text{fast}} \leftarrow - \nabla U^{\text{fast}} (X), \quad F^{\text{rand}} = \sqrt{\frac{2 \gamma k_B T}{\Delta t}} \ M^{1/2} Z^n,
\]

\[
V = \frac{V + \frac{1}{2} \Delta t \ M^{-1} \left( F^{\text{slow}} + F^{\text{med}} + F^{\text{fast}} + F^{\text{rand}} \right)}{1 + \gamma \Delta t}.
\]

half a drift:

\[
X \leftarrow X + \frac{1}{2} \Delta t \ V.
\]

V. NUMERICAL EVALUATION OF LANGEVIN DYNAMICS INTEGRATORS

Results of numerical evaluation of the four integrators for Langevin dynamics described above are reported here. Most experiments were performed using flexible water; that is, vibrations of bonds and angles are included in the TIP3P water model. The potential energy of flexible water is given by

\[
U^{\text{electrostatic}} = C \frac{q_i q_j}{x_{ij}},
\]

\[
U^{\text{Lennard-Jones}} = 4 \epsilon_{ij} \left( \frac{a_{ij}}{x_{ij}} \right)^{12} - \left( \frac{a_{ij}}{x_{ij}} \right)^{6}, \]

\[
U^{\text{bond}} = K_B \left( l_{ij} - l_{ij,0} \right)^2, \]

\[
U^{\text{angle}} = K_A \left( \theta_i - \theta_{ij,0} \right)^2,
\]

where \( x_{ij} = \| \mathbf{x}_i - \mathbf{x}_j \| \). For our discussion these potentials are split as follows:

\[
U^{\text{fast}} = U^{\text{fast, bonded}} + U^{\text{fast, nonbonded}},
\]

\[
U^{\text{fast, bonded}} = U^{\text{angle}} + U^{\text{bond}},
\]

\[
U^{\text{fast, nonbonded}} = U^{\text{fast, electrostatic}} + U^{\text{Lennard-Jones}},
\]

\[
U^{\text{fast, electrostatic}} = U^{\text{electrostatic}} SW(x_{ij}),
\]

\[
U^{\text{slow}} = U^{\text{electrostatic}} - U^{\text{fast, electrostatic}}.
\]

The switching function \( SW(x_{ij}) \) serves to split the electrostatic potential into slow and fast parts (and also to bring the Lennard-Jones force to zero smoothly) so that the force is a derivative of the potential even with a cutoff. It is defined by

\[
\begin{cases}
0, & \text{if } x_{ij} > \text{cutoff}, \\
1, & \text{if } x_{ij} \geq \text{SW}_{\text{on}}, \\
\frac{(\text{cutoff}^2 - x_{ij}^2)(\text{cutoff}^2 + 2x_{ij}^2 - 3 \text{SW}_{\text{on}}^2)}{(\text{cutoff}^2 - \text{SW}_{\text{on}}^2)}, & \text{if } \text{SW}_{\text{on}} \leq x_{ij} < \text{cutoff}.
\end{cases}
\]

For flexible water, \( C = 332.0636 \) (kcal/mol)K^{-1}, \( K_A = 55 \) (kcal/mol)degrees^2, \( K_B = 450 \) (kcal/mol)Å^2, \( q_O = 0.417 \) e, \( q_H = -0.834 \) e, \( l_{OH} = 9.575 \) Å, \( l_{H-H} = 1.514 \) Å, \( \theta_0 = 104.5^\circ \). The Lennard-Jones parameters are \( \sigma_{H-H} = 0.4 \) Å, \( \sigma_{O-H} = 1.75253 \) Å, \( \epsilon_{H-H} = 0.046 \) kcal/mol, \( \epsilon_{O-H} = 0.08365 \) kcal/mol.

Earlier experiments suggest that flexible water models are particularly sensitive to destabilizing artifacts in numerical integrators. The successful use of time steps of 6 fs using Equilibrium® MOLLY is reported in Ref. 3.

The criterion used to measure accuracy is to consider the worse of the errors in average total energy and temperature. In particular, the deviation from the “correct” average energy is computed by comparing against a trajectory with \( \Delta t = 1 \) fs for a given \( \gamma \). An error of at most 3% is considered accurate. Similarly, the error of the average simulated temperature with respect to the Langevin temperature was com-
TABLE I. Higher accuracy results for Langevin dynamics methods on a 10 Å radius sphere of flexible TIP3P water: maximum time step $\Delta t$ for an error of 0%–0.4% in the energy.

<table>
<thead>
<tr>
<th>Damping $\gamma$ (ps$^{-1}$)</th>
<th>LM</th>
<th>BBK–M</th>
<th>BBK–I</th>
<th>LN</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.2</td>
<td>10</td>
<td>8</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>0.5</td>
<td>12</td>
<td>11</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>1</td>
<td>15</td>
<td>11</td>
<td>5</td>
<td>N/A</td>
</tr>
<tr>
<td>5</td>
<td>15</td>
<td>9</td>
<td>7</td>
<td>N/A</td>
</tr>
<tr>
<td>10</td>
<td>15</td>
<td>16</td>
<td>7</td>
<td>6</td>
</tr>
<tr>
<td>20</td>
<td>15</td>
<td>16</td>
<td>8</td>
<td>10</td>
</tr>
<tr>
<td>50</td>
<td>20</td>
<td>17</td>
<td>8</td>
<td>50</td>
</tr>
<tr>
<td>100</td>
<td>25</td>
<td>6</td>
<td>4</td>
<td>N/A</td>
</tr>
</tbody>
</table>

Computed. In general, the error in the energy is observed to be a stricter measure of accuracy than is the error in the temperature.

Finally, to show that with the proposed value of $\gamma$ one obtains the correct dynamics, we also obtained the mean square displacement $R(\tau)$ as a function of time and the self-diffusion coefficient $D$ using Einstein’s relation $3D = R(\tau)/(2\tau)$. The procedure to compute these quantities is described in more detail in Refs. 14 and 29, among others. The self-diffusion coefficient was computed by averaging over all molecules and all time origins of 250 ps simulations of a 10 Å radius sphere of water with 141 molecules.

To get the diffusion coefficient for liquid water one would normally use periodic boundary conditions to avoid surface tension effects. The molecular dynamics program NAMD, version 1.5, in which we tested our methods does not implement periodic boundary conditions with an Ewald sum, although it is implemented in NAMD 2.1. 30 Hence, we have used spherical constraints with a radius of 11 Å. The quantities we compute are not physically correct but they are of the same nature as the physical quantities and should serve well to compare the proposed methods to the leapfrog method, which is of a known quality. The protein–DNA simulation of the estrogen receptor ER and part of the DNA well to compare the proposed methods to the leapfrog method, which is of a known quality. The protein–DNA interaction of the estrogen receptor ER and part of the DNA is computed using Einstein’s relation for 10 ps chunks of 250 ps trajectories, averaging over all time origins and oxygen. The error bar is given by one standard deviation. The row for a friction coefficient $\gamma=0.0$ corresponds to leapfrog (for the BBK–M column) and Equilibrium$^a$ (for the LM column). Note the pronounced effect of damping in the diffusion coefficient for values of $\gamma$ greater than 0.2.

A. Results with Langevin stabilization

Accuracy results for Langevin stabilization of flexible water are summarized in the first numerical row of Tables I and II. Note that BBK–I and LN are not suitable methods for Langevin stabilization. On the other hand, Langevin stabilization of MOLLY is very successful: using LM, long time steps of 14 fs are possible for moderate accuracy, and long time steps of 10 fs for higher accuracy; both sets of result use a $\gamma=0.2$ ps$^{-1}$. LM is more accurate and is able to take longer time steps $\Delta t$ than BBK–M in all cases. Our tests of LN combine medium and fast forces; LN does not produce satisfactory results for Langevin stabilization, since the underlying extrapolative nonsymplectic integrator is unconditionally unstable for $\gamma=0$, which can only be overcome with a relatively large damping $\gamma$ of 20 ps$^{-1}$ or greater.

Table III shows that for flexible water with a $\gamma=0.2$ ps$^{-1}$ for all stable time steps, for both LM and BBK–M, the diffusion coefficients are correct, compared to closed the whole system. The force field parameters were those of CHARMM 22 for proteins 32,33 and nucleic acids; 34 parameters for a zinc patch for DNA were from Ref. 35.

TABLE III. Self-diffusion coefficients for Langevin dynamics simulations of 141 flexible TIP3P water molecules. It was computed using Einstein’s relation for 20 ps chunks of 250 ps trajectories, averaging over all time origins and oxygen. The error bar is given by one standard deviation. The row for a friction coefficient $\gamma=0.0$ corresponds to leapfrog (for the BBK–M column) and Equilibrium$^a$ (for the LM column). Note the pronounced effect of damping in the diffusion coefficient for values of $\gamma$ greater than 0.2.

<table>
<thead>
<tr>
<th>Damping $\gamma$ (ps$^{-1}$)</th>
<th>$\Delta t$ (fs)</th>
<th>$D$ ($10^{-5}$ cm$^2$/fs)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.0</td>
<td>1</td>
<td>$5.2 \pm 0.1$</td>
</tr>
<tr>
<td>0.2</td>
<td>6</td>
<td>$5.2 \pm 0.1$</td>
</tr>
<tr>
<td>0.5</td>
<td>1</td>
<td>$4.0 \pm 0.2$</td>
</tr>
<tr>
<td>1.0</td>
<td>7</td>
<td>$3.2 \pm 0.2$</td>
</tr>
<tr>
<td>10.0</td>
<td>16</td>
<td>$1.08 \pm 0.01$</td>
</tr>
</tbody>
</table>

TABLE IV. Self-diffusion coefficients of Langevin dynamics simulations of a protein DNA interaction of the estrogen receptor ER and part of the DNA. It was computed using Einstein’s relation for 10 ps chunks of 20 ps trajectories, averaging over all time origins and all atoms. The error bar is given by one standard deviation. The row for a friction coefficient $\gamma=0.0$ corresponds to the Verlet-Li-RESPA method.

<table>
<thead>
<tr>
<th>Damping $\gamma$ (ps$^{-1}$)</th>
<th>$\Delta t$ (fs)</th>
<th>$D$ ($10^{-5}$ cm$^2$/fs)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.0</td>
<td>4</td>
<td>$1.2 \pm 0.1$</td>
</tr>
<tr>
<td>0.2</td>
<td>8</td>
<td>$1.1 \pm 0.3$</td>
</tr>
<tr>
<td>10.0</td>
<td>10</td>
<td>$1.2 \pm 0.2$</td>
</tr>
</tbody>
</table>
those of leapfrog and Equilibrium* MOLLY with a time step of 1 fs. Table IV shows similar, albeit less extensive, results for the solvated ER/ERE system.

**B. Results with Langevin dynamics**

The results for regular Langevin dynamics are summarized in the last five rows of Tables I and II. LN is the best method for this application, allowing long time steps of 50 fs using $\gamma=50\text{ps}^{-1}$. These results are consistent with Ref. 15, which reports long time steps using LN of 12 fs for flexible water, 48 fs for a biomolecule in water, and 96 fs for a biomolecule in vacuum. LM performs nearly as well; with $\gamma=50\text{ps}^{-1}$, time steps as large as 35 fs are possible. This is superior to BBK–I or BBK–M, for which the maximum time step is 16 fs. In general, LM allows greater $\gamma$ and $\Delta t$ to be taken than BBK–I and BBK–M. For example, time steps of 50 fs can be taken with $\gamma=100\text{ps}^{-1}$ using LM. A summary of the results appear in Fig. 2. For the modeling of an implicit solvent, LM is inferior to LN.

**C. Implementation and performance**

All the methods described here are implemented in a testing program called PROTEMOL. The performance of Equilibrium MOLLY, with and without Langevin damping, was evaluated using the parallel molecular dynamics program NAMD 2.1. The test problem was the protein–DNA simulation of ER/ERE described above. Timings are shown in Table V, and method speedups are shown in Table VI.

Parallelism is achieved by doing a spatial decomposition of the system into boxes called "patches" with the constraint that each H group is kept in a single patch. An H group is a heavy atom and all hydrogens covalently bonded to it. A patch resides completely in one processor. Equilibrium parallelizes well, since the averaging is performed on each H group independently of all other H groups, i.e., H groups decouple for the averaging: All the information needed to do the averaging and mollification, that is, computing $A(X)$ and $-A_X(X)^T \nabla U_{slow}$, is local to the patch; thus, there is no extra communication requirement. There is, however, an extra memory requirement needed to store the averaged positions. The filter matrices $A_X(X)^T$ are not formed completely, but rather the matrix–vector product $-A_X(X)^T \nabla U_{slow}$ is computed from $X$ and $A(X)$. An efficient computation of $A_X(X)^T$ for Equilibrium* is presented in Ref. 12. It makes use of the special structure of this matrix.

**VI. CONCLUSIONS**

This paper has shown that it is possible to stabilize symplectic integrators for molecular dynamics using very mild damping that is less than the decay rate of the velocity autocorrelation function. This was illustrated by introducing LM: it combines the Equilibrium* mollified impulse method, which extends the stability of the Verlet-I/r-RESPA impulse method, and a Langevin impulse method, which is exact for constant forces. BBK–M, a close variant of LM, can take long time steps of 14 fs with a $\gamma$ of 0.2 ps$^{-1}$. BBK–M has been implemented and tested with biomolecules in explicit flexible solvent in the parallel molecular dynamics program NAMD 2.1. It is three times faster than Verlet-I/r-RESPA on a protein–DNA simulation. It is possible that combining even stabler MOLLY methods with mild damping, one may achieve time steps for molecular dynamics that are only limited by accuracy, rather than stability. Also, our computation of diffusion coefficients suggests that Langevin stabilization is applicable to solvated biomolecular systems: this is supported by preliminary results on a solvated protein–DNA simulation of the estrogen receptor ER and the DNA of the estrogen response element ERE. Nevertheless, a more extensive study and consideration of this question would more clearly specify the limitations and applicability of the methods presented here: for constant temperature simulations, in
the presence of stochastic boundary conditions, and as an alternative to (and possibly combined with) extended Hamiltonian methods such as Nosé–Hoover.

ACKNOWLEDGMENTS

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APPENDIX: GENERATION OF RANDOM VARIABLES FOR THE LANGEVIN IMPULSE INTEGRATOR

The procedure for generating the random variables for Langevin impulse, given in Appendix B of Ref. 19, is summarized here for reference. To integrate,

$$I(f) = \int_0^T f(t) dW(t),$$  \hspace{1cm} (A1)

one can use the following facts: $I(f)$ is a Gaussian random variable, $E[I(f)] = 0$, $E[I(f)^2] = \int_0^T f(t)^2 dt$, $E[I(f)I(g)] = \int_0^T f(t)g(t) dt$.

Thus, one can obtain $\int_0^T f(t) dW(t)$ from $\int \int_0^T f(t)g(t) dt$ we need to take the covariance of these random variables into account. Jointly Gaussian random variables $Y_1, Y_2, \ldots, Y_2$ with mean vector $\mu$ and covariance matrix $C$ can be generated by the following formula:

$$\tilde{Y} = C_{1/2} \tilde{Z} + \mu,$$  \hspace{1cm} (A2)

where $\tilde{Z}$ is a vector of independent standard Gaussian random numbers of mean 0 and variance 1 and $C_{1/2}$ is a Cholesky factor satisfying $C_{1/2}^T C_{1/2} = C$. For our integrator the elements of $C$ are the variances

$$c_{11} = \int_{-\mu}^{t_n} \{\exp[-\gamma(t^{n+1} - t)]\}^2 dt,$$  \hspace{1cm} (A3)

$$c_{22} = \int_{-\mu}^{t_n} \{1 - \exp[-\gamma(t^{n+1} - t)]\}^2 dt,$$

and the covariance

$$c_{12} = c_{21} = \int_{-\mu}^{t_n} \{1 - \exp[-\gamma(t^{n+1} - t)]\} \{1 - \exp[-\gamma(t^{n+1} - t)]\} dt.$$  \hspace{1cm} (A4)

We choose $[R_{1}^{n+1}, R_{2}^{n+1}]^T = C_{1/2} [Z_{1}^{n+1}, Z_{2}^{n+1}]^T$ as in Eq. (A2).

Given next are the analytical values for the integrals in Eqs. (A3) and (A4):

$$c_{11} = \frac{1}{2\gamma} [1 - \exp(-2\gamma \Delta t)],$$  \hspace{1cm} (A5)

$$c_{22} = \Delta t - \frac{2}{\gamma} [1 - \exp(-\gamma \Delta t)] + \frac{1}{2\gamma} [1 - \exp(-2\gamma \Delta t)],$$  \hspace{1cm} (A6)

$$c_{12} = c_{21} = \frac{1}{\gamma} [1 - \exp(-\gamma \Delta t)] - \frac{1}{2\gamma} [1 - \exp(-2\gamma \Delta t)].$$  \hspace{1cm} (A7)

The Cholesky factor for the $2 \times 2$ covariance matrix is

$$C_{1/2} = \begin{bmatrix} \sqrt{c_{11}} & 0 \\ \frac{c_{21}}{\sqrt{c_{11}}} \sqrt{c_{22} - c_{21}^2} & \frac{c_{21}}{\sqrt{c_{11}}} \end{bmatrix}.$$

Let $\tau_1 = (1/\gamma) [1 - \exp(-\gamma \Delta t)]$, and $\tau_2 = (1/2\gamma) [1 - \exp(-2\gamma \Delta t)]$. Then the random numbers needed for the algorithm are

$$[R_{1}^{n+1}, R_{2}^{n+1}] = \begin{bmatrix} \sqrt{\tau_2} \\ \tau_1 - \tau_2 \sqrt{\tau_2} \sqrt{\Delta t - \tau_1 \tau_2} \\ \sqrt{\tau_2} \frac{\tau_1}{\sqrt{\tau_2}} \end{bmatrix} Z_{1}^{n+1}, Z_{2}^{n+1}.$$  \hspace{1cm} (A8)
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